



The 2025/6

Auburn Newsletter

A monthly record of the activities of the Combined Probus Club of Auburn
February - Edition No. 244 admin@auburnprobus.org.au PO Box 326 Mont Albert 3127

2026

President's address

I trust you all had an enjoyable Christmas and are looking forward to what our club will deliver in 2026.

In December we renewed the Room Hire Memorandum of Understanding with the North Balwyn Bowls Club for a further two years.

By the time this newsletter is circulated ***GetAway #1 - the Great Southern Rail trip*** will be over and so will the Barnsbury BBQ #1. March will see ***GetAway #2*** heading for "***Autumn in Albury.***"

Nominations for the Club committee Vice President and Membership are open and will close at the February Meeting.

The Annual General Meeting will precede the March 2nd general meeting and include induction of new President Pat Davies and delivery of the 2026/27 year's financials.

And if all goes to plan we expect to circulate in February the proposal for an updated Constitution and associated Standing Resolutions and take it to the vote at the AGM.

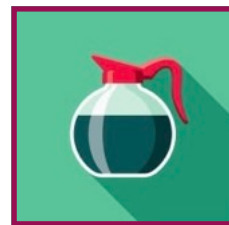
Peter Gibbs
0409 179 559 - pwbgibbs@yahoo.com.au

Remember our next meeting is Monday the 2nd of February



Morning Tea/Coffee roster

Helga O'Loughlin & Rita Hayes



Please be at the clubrooms by 9.30am to assist with the preparations.
If you are unable to attend on the day you are on duty,
please arrange for someone else to take your place.

Treasurer's report

John Lagzdins - 0434 870 199

The bank balance as at 23rd January is \$7,426.97 including the \$1,760 grant from Council.

In the month to date we paid \$303.60 for annual web services
and \$88.00 for maintenance on a computer for Auburn Probus use.

There have been no receipts and there are no unpaid bills.
We finished the year to December 31st with a surplus of \$549.77.

Email: Lagzdins@melbpc.org.au

Our speaker for February

is

Professor Helen Herrman AO



Helen is a psychiatrist and public health physician with interests in promoting mental health and community mental health care. She is Professor Emerita of Psychiatry at Orygen and the Centre for Youth Mental Health, The University of Melbourne.

Previously she was Professor and Director of Psychiatry in St. Vincent's Health Melbourne.

Since 2000 she has worked as director of the World Health Organization (WHO) Collaborating Centre in mental health Melbourne and for a year acted as regional advisor in mental health for the WHO's Western Pacific Region. She was elected president of the World Psychiatric Association 2017-2020.

She is appointed an Officer of the Order of Australia for contributions to national and international mental health.

The title of Helen's address is:

“ Promoting mental health through community development”

Club Section

Vice President's Club Diary

Pat Davies

The diary lists all Club activities for the whole year. All Organisers and Convenors must contact Pat to let her know the proposed date of activities planned for verification thus ensuring that there are no clashes of activities.

Welfare

Judy Halpin - 0422 916 762

If you know of any member who is ill and unable to attend meetings please let me know so that contact can be maintained during their time of stress.

Your Newsletter

The newsletter reports on the activities of the past month and future activities for the coming months, convenors are encouraged to submit articles and photographs covering both facets of past and future events by the due date as listed below.

Members are invited to submit articles of interest along with comments on attended activities.

Due date (2026) for newsletter articles	Date of monthly meeting
Thursday, 22nd January	Monday, 2nd February
Thursday, 19th February	Monday, 2nd March - AGM

2025/6 Committee

President - Peter Gibbs
Vice President - Pat Davies
Past President - Peter Matthews
Secretary - Peter Brown
Treasurer - John Lagzdins
Outings - (alternating) - Sandra Tilley
Annette Brownscombe
Speakers - TBA
Movie Goers - Norma Griffiths
Newsletter - Don Porter
Membership - Sandi Fitzpatrick
Welfare - Judy Halpin

2025/6 Activity Convenors

Armchair Travel - Shirley Fenemor
Brew & Chew - Ian Phillips
Canasta - Thelma Bourke
Dine Out - John & Maureen McIntosh
Coffee and Chat - Jan Cheney
Mahjong - Barb Richards
Golf & Cycling - Gary Jackson
Web Master - Mike Pavey
Sew'n' Sews - Barb Richards
Tuesday lunch Book Club - John Curry
Walking - Jenene Marshall

Regular Activity Days This Month

Armchair Travel	4th Wednesday	Sew'n' Sews	3rd Friday
Brew and Chew	4th Wednesday	Tue lunch book club	2nd Tuesday
Canasta	1st Tuesday	Walking	2nd & 4th Monday
Cycling	1st & 3rd Thursday	Movie group	1st Wednesday
Dine Out	3rd Monday evening	Coffee & Chat	3rd Tuesday
Golf	Every Monday, except public holidays & meeting days		
Mah-jong	Last Thursday		

Membership

Sandi Fitzpatrick - 0418 750 780

Ass. Laurice Stainsby - 0404 273 371

No meeting in December (Christmas Lunch) or January.

New Members: nil

Deaths: Ina Creed and Bernard Coburn (both Non-Active Members)

Resignations: Carole Williams

Birthdays for January

Thelma Bourke, David Carson, Garry Jackson

Birthdays for February

Barbara Fary, Brenda Mackey, Jeny Matthews, Christine Mavrodoglos, Mike Pavey, Anita Swanson, Bill Woodhouse, Noelle Brennan, Tricia Abbott, Robin Gilchrist, Joan Kennair, Kath McInerney

Travel Section

Armchair Travel

Shirley Fenemor 0429 373 607



Happy New Year Travellers

I trust you are all fit and ready to travel with us again.

This month, Wednesday 25th February 7:30pm, David Brown will be taking us to Dalmatia and he has prepared some information for you.

As usual we are meeting at Manningtree in Hawthorn and parking will be available in the forecourt. If you need further information please do not hesitate to contact me.



Getaway Trip #2 - reminder

Peter Gibbs - 0409 179 559

Autumn Around Albury

MONDAY MARCH 23 – FRIDAY MARCH 27

Big 4 Albury Tourist Park 372 Wagga Road, Lavington (Albury)

02 6040 2999 - 1800 624 520

Website: alburytouristpark.com.au. Email: stay@alburytouristpark.com.au

Itinerary (Draft)

Monday: Self drive to Albury, stopping enroute for lunch in Benalla.

Tuesday: 125 km anti clockwise drive north of the Murray to historic Corowa. Return south of the river via Rutherglen.

Wednesday: am, golf for the golf group. Free time to do your own thing be it the historic buildings walk, the Botanic Gardens, galleries or further afield to pioneer town Jindera or Holbrook submarine museum.

Thursday: 125 Km. Clockwise drive to Bonegilla Migrant experience, Army Museum at Bandiana (subject to re-opening) passing through Yackandandah to Beechworth for lunch and town attractions.

Friday: Return to Melbourne at leisure.

Dining:

Each Night: Happy Hour in the spacious guest alfresco dining area.

Night 1: BBQ dinner on site.

Nights 2/4: Nearby taverns.

Night 3: Take away.

This is the final newsletter insert. Communications beyond February 2nd will be by group emails to those you have advised of bookings by SMS or email to:

Email: pwbgbbs@yahoo.com.au **SMS:** 0409 179 559

Outings

Annette Brownscombe 0418 400 352 Sandy Tilley 0460 678 668



FRIDAY 20 FEBRUARY.

THE IMMIGRATION MUSEUM. COST \$12

Meet at the Immigration Museum, 400 Flinders Street, Melbourne at 10.30am.

Some of the current exhibitions are "A City Fed by Many Cultures" and "My working Life."

Lunch will be at a nearby restaurant or hotel.

If you would like to join this activity please advise either Annette or Sandy at the February monthly meeting on Monday 2nd February.

THURSDAY 12 MARCH.

FERRY TRIP TO PORT ARLINGTON. COST \$78

The ferry leaves Docklands at 9.30am and returns to Docklands at 5.10pm

Lunch is at The Grand Hotel, Port Arlington.

The \$78 package includes the return ferry ride (\$40) and lunch at the hotel, 1 course and a drink of wine or beer.

Extra food is available for a charge.

If you would like to join this activity please let us know at the February meeting and pay by cash or internet banking by Monday 2nd March.



THURSDAY 16 APRIL.

GEORGES REMEMBERED. COST \$40

1.15pm Chandelier Room, Hawthorn Arts Centre, 360 Burwood Road, Hawthorn.

A fun and informative talk from a former Georges employee, Justin McLean about the history of Georges.

There is a fashion parade of clothes from the 50's, 60's, 70's and 80's as well as 1950's music from 3AK. Afternoon tea will be served.

All proceeds will go to the Balwyn Historical Society. If you would like to join this activity please advise either Annette or Sandy at the February meeting and pay \$40 cash or internet banking by Monday 2 March.

Sports Section

Golf Group

Gary Jackson

In February 2026 we start at Ivanhoe Golf Course,
with a Tee off time of 10.08am for Tuesday 3rd and Mondays 9th, 16th and 23rd.

Golf results for November and December:

Date	Weekly Winner	Longest Drive	Nearest the Pin	Best off the stick
24/11	Ian Bourke	Ian Bourke	-	Mike Pavey
2/12	Brenda Mackey	Brenda Mackey	C Mavrodoglos	Mike Pavey
8/12	Trevor Mackey	Sue Harris	Mike Pavey	Trevor Mackey
15/12	Brenda Mackey	Ross King	Peter Gibbs	Mike Pavey



Following our final game for 2025, 16 players and family members celebrated with a Christmas and Presentation lunch at the Manningham Club.

Our 2025 Auburn Probus Golf Champion is Brenda Mackey with 11 Green Jackets.

**2nd place Ian Bourke with 8 wins.
3rd place Ross King with 6 wins.**

Nearest the Pin – Christine Mavrodoglos with 6 wins. Longest Drive – Mike Pavey with 8 wins.

Best off the stick – Mike Pavey with 14 wins.

2nd place Peter Gibbs with 11 wins. Equal 3rd place Trevor Mackey and John Phillips with 5 wins.

Bike Group

Gary Jackson 0418 578 863

December Rides



Thursday 4th

Five riders commenced cycling from Creswick Hawthorn on the Main Yarra Trail before turning onto Gardiners Creek trail, then following the Anniversary trail passing through Hawthorn and Glen Iris to Ashburton, stopping at Miss Ash Café for coffee. We continued before picking up the Ferndale trail to return via the Gardiners Creek Trail. Thanks Trevor

Thursday 18th

Riders and family members met at Melissa Café in Templestowe for coffee. Then four riders went for a short ride to the Yarra River before returning to Melissa Café for a Christmas Lunch.



February Rides

Thursday 5th

Meet at 10:00am at the Yarra Boulevard car park (Melways 2M J1). We ride along the Yarra, cross at the Morell pedestrian bridge and then around 'The Tan' / Alexandra Av to the new Anzac transport interchange, then clockwise around Albert Park Lake and view the preparations for the Grand Prix. We cross Canterbury Rd at Middle Park for a coffee stop at Jack the Geezer. Revived we continue clockwise around the 'Lake' to Albert Road, across Kings Way and then via Anderson St back to the Morell bridge and along the south side of the Yarra to our cars. Around 20 km on mostly bike paths with a few streets in Albert Park.

Leader David: 0407 844 421.

Thursday 19th

Meet at Bourke's camp C11, Capel Sound Foreshore, at 10:30 AM. Take Eastbourne Rd Rosebud to Elizabeth Ave, turn left onto Point Nepean Rd, then turn right onto the Foreshore opposite Rose St. Then right to the camp site. Look for the flying fish (Melways 169 G3). Ride to McCrae for coffee at Wildflower Cafe, then on to Anthony's Nose Dromana, where the house fell down the cliff. Then back to the camp for a picnic lunch.

Please advise Ian Bourke (0418 381 279) by Tuesday February 17th whether you are coming or not.

Walking Group

Jenene Marshall 0413 481 873

Here are the details for our planned walks for the New Year.

9th February - Ivanhoe Golf Club - Meet at the Eaglemont Tennis Club car park (Melway 31 K11) off The Boulevard near Burke Road at 9.50am. We will walk along the Yarra then up a slight hill to the golf club. Coffee at Ivanhoe Golf Club.

Leader Jenene Marshall

23rd February - Springthorpe (Mont Park/Macleod) - Meet in Ernest Jones Drive near the corner of Springthorpe Blvd. (Melway 19 J7). Best way to travel is straight along Upper Heidelberg Road, which then becomes Wairoa Road, then Springthorpe Blvd. Coffee TBA.

Leader Jenene Marshall

I am doing the two February walks because as from March 2026, Helga and Rita will be taking over from me as Conveners for the walking group.

I have enjoyed my many years as Convener and I am sure Helga and Rita will continue with walks that will be different, interesting and fun.

Happy New Year to all.

Indoor section

Mahjong

Barb Richards - 0408 179 885

Happy New Year to you all.

Mahjong will resume on Thursday 26th February at Barnsbury.

It will be good to get back to our games again and I look forward to seeing you all.

Please let me know if you will or will not be attending.

Canasta

Thelma Bourke 0417 053 549

The next canasta night will be Tuesday February 3rd at 7:30 pm in Applewood's 1st floor lounge.

Please note, for the future, to access the entry gates press 8888#

and say you are there for Thelma Bourke's Canasta night.

Any questions, contact me!

Sew'n' Sews

Barb Richards 0408 179 885

I look forward to catching up with you all again to share time together.

If you have some recent work to show us, please bring it along.

The date for our first 2026 day is Friday 20th February, with a venue to be decided.

Please advise if you will or will not be attending.

Tuesday lunch Book Group

John Curry 0417 581 126



We reviewed “The Paper Palace” by Miranda Cowley Heller at our December meeting. The book was a disappointment to members. Our generation is not used to some of the writer’s language or her explicit descriptions.

We rated the book at two out of ten.

At our February meeting we will discuss the various books that members have read over the holiday period.

Outdoors Section Coffee & Chat

Jan Cheney 0400 889 705

Being the third Tuesday in the month, our next get-together will be on Tuesday 17th February at 10.00am at Olive Lane Café in the North Balwyn Village Shopping Centre in Doncaster Road.

We are regularly having some dozen or so members attending as it is a very pleasant way to get to know fellow members and have an enjoyable chat and coffee.

So, please contact me by text or email to let me know of your attendance.

Or - just turn up! You will be made most welcome to this regular informal get-together.

See you there.

Text or email: jancheney@bigpond.com

Brew and Chew

Ian Phillips 0428 858 272



Brew and Chew will meet at the Camberwell Library on Wednesday 28th of January.

All the best to Ian, who is currently (at time of writing) in hospital, so get well Ian!

For further information and input, contact me by mobile or irp@alphalink.com.au



Dine - out John McIntosh 0402 458 061

DINE OUT BOX HILL RSL

We meet again on Monday 16th February - 6.30 for 7pm.

Record your intention to attend at the DINE OUT desk.

As the RSL only takes our booking for 20 people, a supplementary list will be made of those who may take the place if any diners cancel. If you are on that list you will be notified should a vacancy occur.

The Movie Group

Norma Griffiths 0438 584 198

MOVIE GROUP NEWS - FEBRUARY.

Happy New Year to all our movie Group Members.

The first date is Wednesday 4th February. ***Mark it in your diary.***

Details will be available by Tuesday 27th January and all people who were on last year's list will receive a message then with details of the film, lunch etc.

Wishing our club a great and interesting year to follow.

New Feature

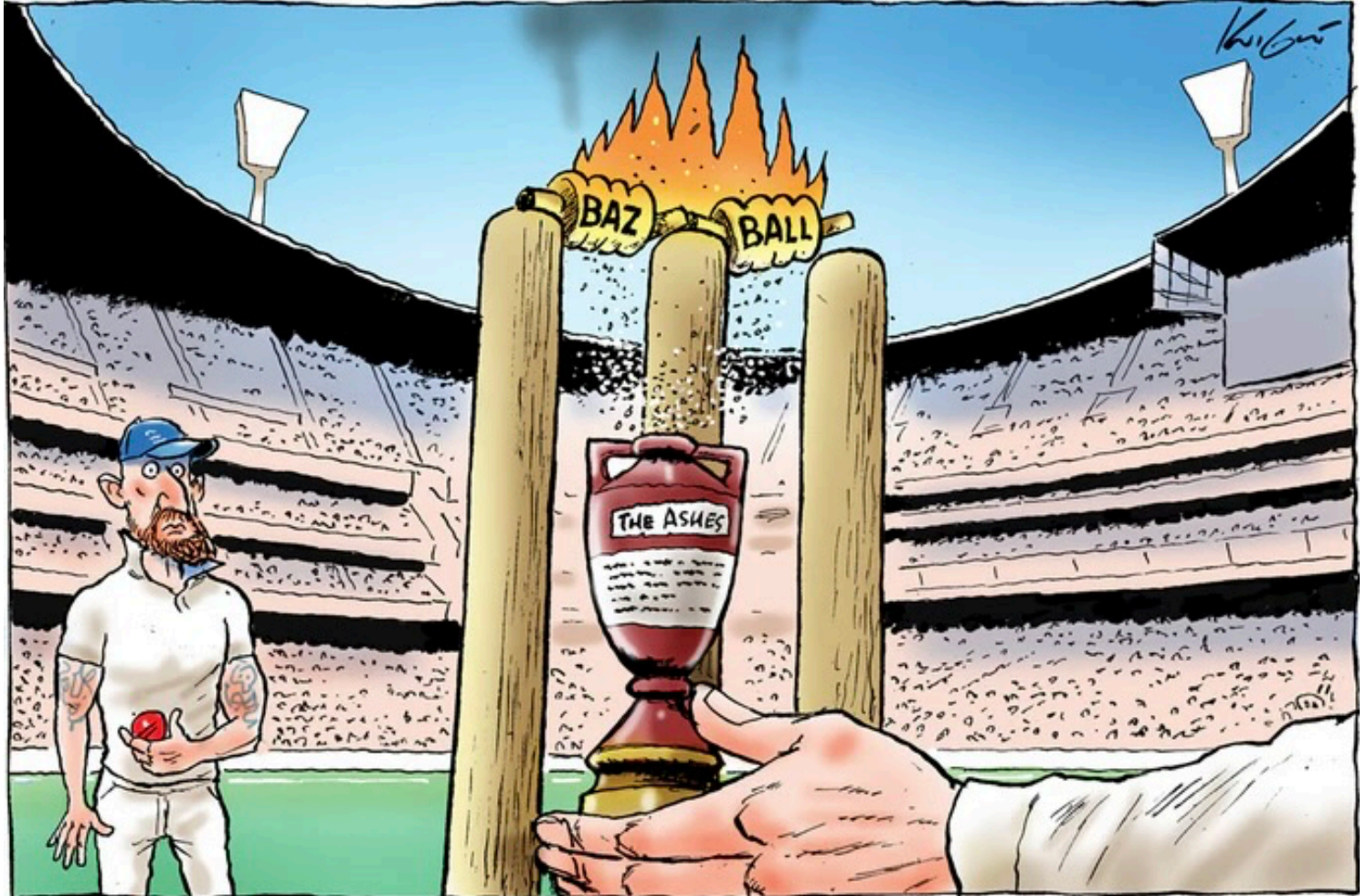
Lovely things to look at and appreciate in our country



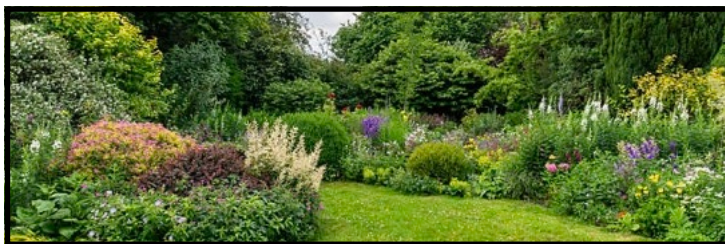
It's also a nice way to recognise mid summer.

Smile Section

Cartoon of the month



Thought for the month



If the grass is greener over the fence, then the water bill has gotta be a killer!